

9th Grade Course Selection

Sequoia Counselors
Spring 2020

Course Selection Presentation

Overview of the 2-Part Process

1) Classroom Presentation in English class

- Review Graduation & A-G Requirements
- Review Subject Area Pathways
- Make appointment in Setmore
- Complete course planning worksheet

2) Meet 1:1 with your Counselor

- 10 minutes to finalize course selection
- Sign-up for Summer School and Cyber High (if needed)
- Time to discuss summer and/or post-secondary plans

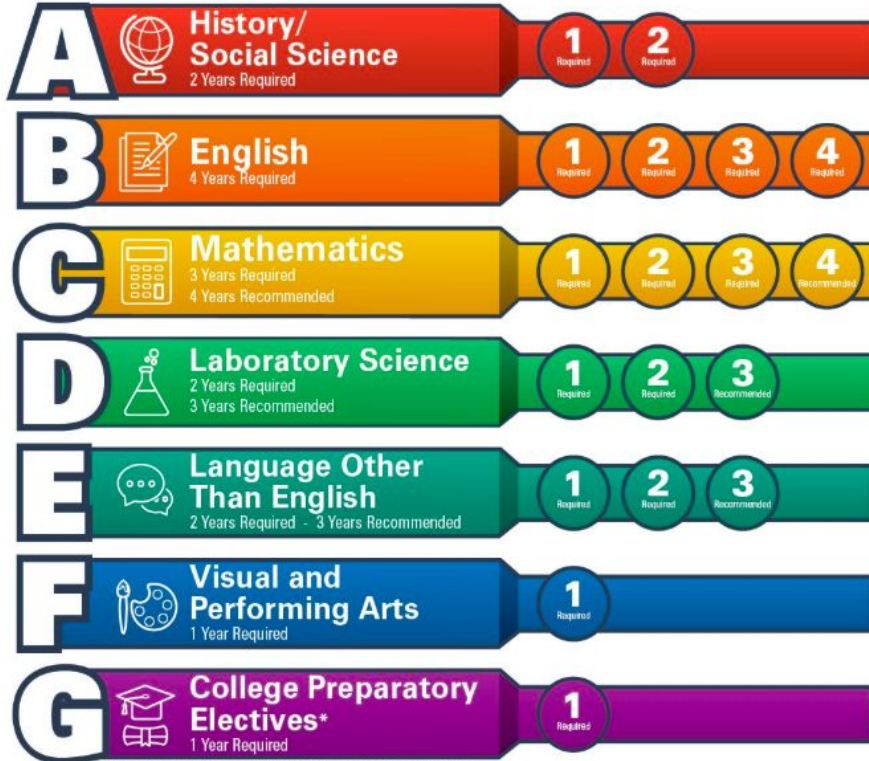
Academics: Sequoia Graduation Requirements

Credits: 220 total credits

Courses:

- **40 credits** of English
- **35 credits** of Social Studies
- **20 credits** of Science
- **20 credits** Math (10 credits Algebra & 10 credits Geometry)
- **10 credits** of Fine Arts/Visual & Performing Arts
- **10 credits** of Career Technical Ed-CTE (OR 3rd level of World Language)
- **20 credits** of P.E.
- **2.5 credits** of Life Skills (requirement for everyone!)
- **62.5 credits** of Electives

Post-Secondary: A-G Requirements



A-G Requirements UC/CSU 4 year colleges

- Students must complete **A-G courses** and earn a “C-” or higher to be **eligible** for admission.
- Students are encouraged to exceed the minimum requirements to be **competitive!**

*Any courses taken in excess of the minimum required in any subject area may count toward the fulfillment of the College Preparatory Elective requirement

Academics: Physical Education Options

- **ALL** 9th graders are required to choose a PE class for 10th grade.
- Once Counselors receive the Physical Fitness Test (PFT) results, your counselor can update your courses for 2020-21 if you plan to play a sport instead of taking PE.
- Students who pass 5 of 6 parts of the Physical Fitness Test (PFT) may play sports 10th-12th grades to fulfill their remaining PE credits for graduation requirements.
- Students who DO NOT pass the PFT are required to enroll in P.E. in 10th grade.

Alternative options for fulfilling PE requirement

- If you pass the PFT, you have the option of still taking PE in 10th grade. Most 10th graders take PE.
- Sequoia Athletics: each season you earn 3.5 credits. 3 seasons of a sport 10-12th grade will fulfill the second year requirement.
- Concurrent Enrollment

Naviance Tools

- **Sign-up for “College Visits” during the Fall on Naviance**
- **Update your “Colleges I’m Thinking About” List**
- **Explore Careers**
- **Apply for Scholarships**
- **Update your Résumé**
- **Read the Weekly Email from Ms. Ignaitis**
 - **WACAC College Fair field trip: CSU East Bay - May 1st**

Summer Opportunities & Extra-Curricular Activities

- Naviance, under “Enrichment Programs” in “Colleges” Tab
- Ms. Ignaitis’ weekly emails
- “Student Life” on sequoiahs.org
- Boys & Girls Club
- Upward Bound
- Community Service
- Concurrent Enrollment
- Work (check out “Jobs for Youth”)
- Ask your counselor

Concurrent Enrollment

- **Concurrent Enrollment = Community College Courses & Online/Private Programs**
- **Concurrent enrollment forms available in the Counseling Office.**
 - **Applications must be submitted prior to starting the class.**
- **See your counselor for more information.**

Schedule Your Counselor Appointment

- **10-minute individual** course selection meetings with your counselor will take place February 12th-March 6th
- Go to **sequoiacounseling.setmore.com**
- Click on **Class of 2023; Course Selection Meeting**
- Select a **date and time** to meet with your counselor

Make your appointment, ready-set-go!

Counselor Appointment Details

- It is important that you are **present and on time** for your appointment.
- It is your responsibility to get **approval** from your teacher if you plan to **miss** their class.
- You will receive **reminders via email** (and via text message if you choose).
- **You will not get a paper pass; your reminder email/text is your pass out of class.**

Resources when Determining Course Selection

- Academic: Use Canvas and JumpRope to track your current grades. Consider whether you want to take on additional challenging classes, like **ICAP/AS/AP/IB**.
- Consider your interests and passions.
- Explore course options in the **Program Planning Handbook** (under “Resources” on www.sequoiahs.org).

Resources when Determining Course Selection

- **Personal: Talk to your teachers, parents and counselor** regarding your course requests and consider their feedback. Email your teachers and/or counselor to clarify any questions.
- Make sure **you meet all deadlines** for changes regarding your 2020-2021 course requests. Due by May 22nd.
- Choose your alternate courses carefully as your first choice is not guaranteed.
- Course requests are subject to change based on teacher recommendations.

Course Selection Worksheet

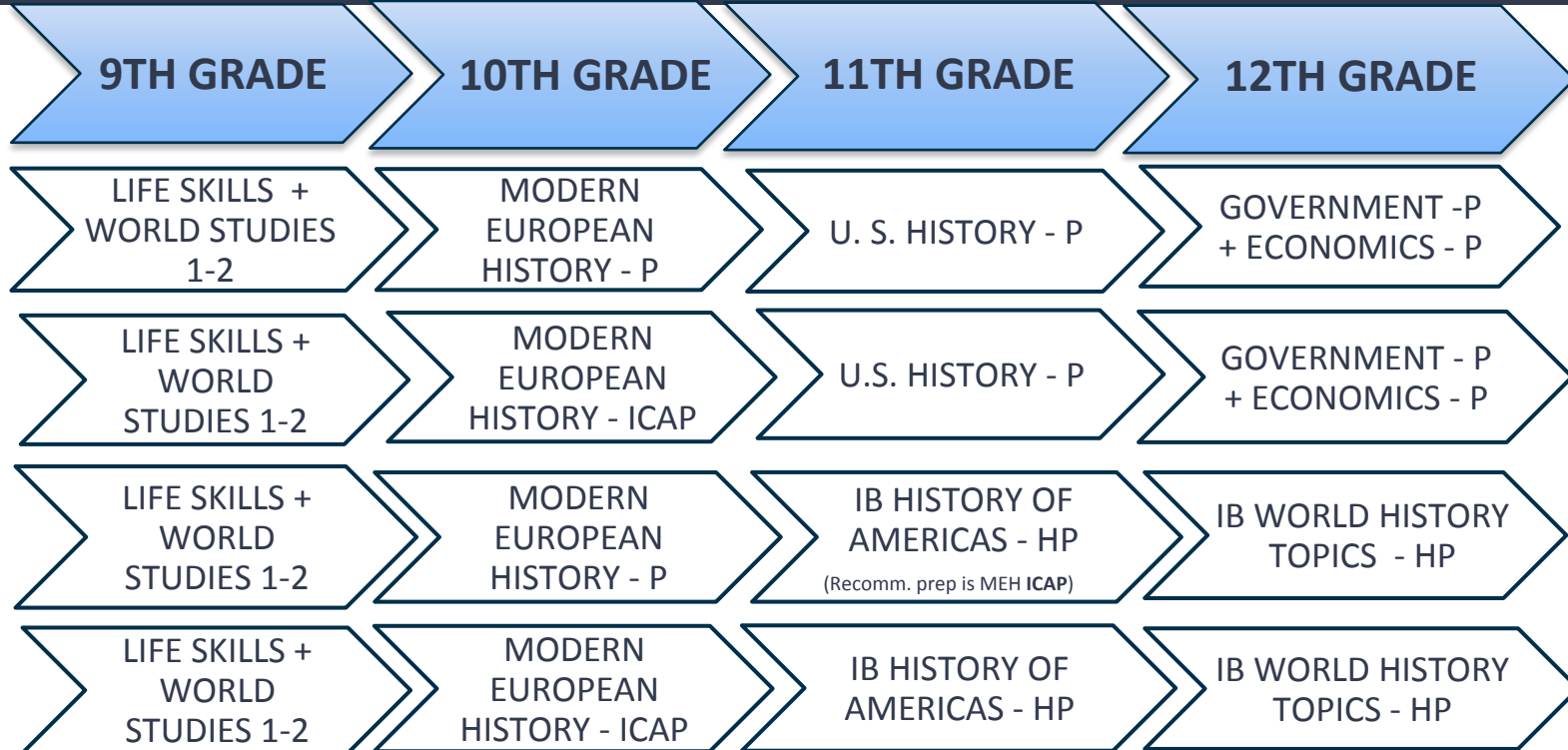
- Find **BALANCE!** Consider your performance this year with your commitments.
- **ASSESS** if your current schedule is working for you.
- Consider **RIGOR!** Challenge yourself by taking ICAP/AS/AP/IB classes.
- **UPDATE** Academic Planner in Infinite Campus today!
- Requests for 2020-21 course request changes are due by **May 22, 2020**, no exceptions!

Name: _____ Student ID: _____ Counselor: _____

	9th Grade (write in current classes)	10th Grade	11th Grade	12th Grade
Social Studies 35 credits		Mod Euro Hist Mod Euro Hist ICAP	US History IB History	Government/Econ IB World Topics
English 40 credits		English II English II ICAP Intensive Eng II w/ Support	English III IB English Y1	English IV IB English Y2
Math 20 credits				
Science 20 credits				
Fine Art 10 credits				
CTE/World Language III and above 10 credits				
Life Skills 2.5 credits				
PE 20 credits		PE 2 PE Dance PE Weight Train PE Conditioning PE Inter Dance PE Dance XL *10th grade Alternative PE Option (see back)		
Electives 62.5 credits				
Total: 220 Credits				

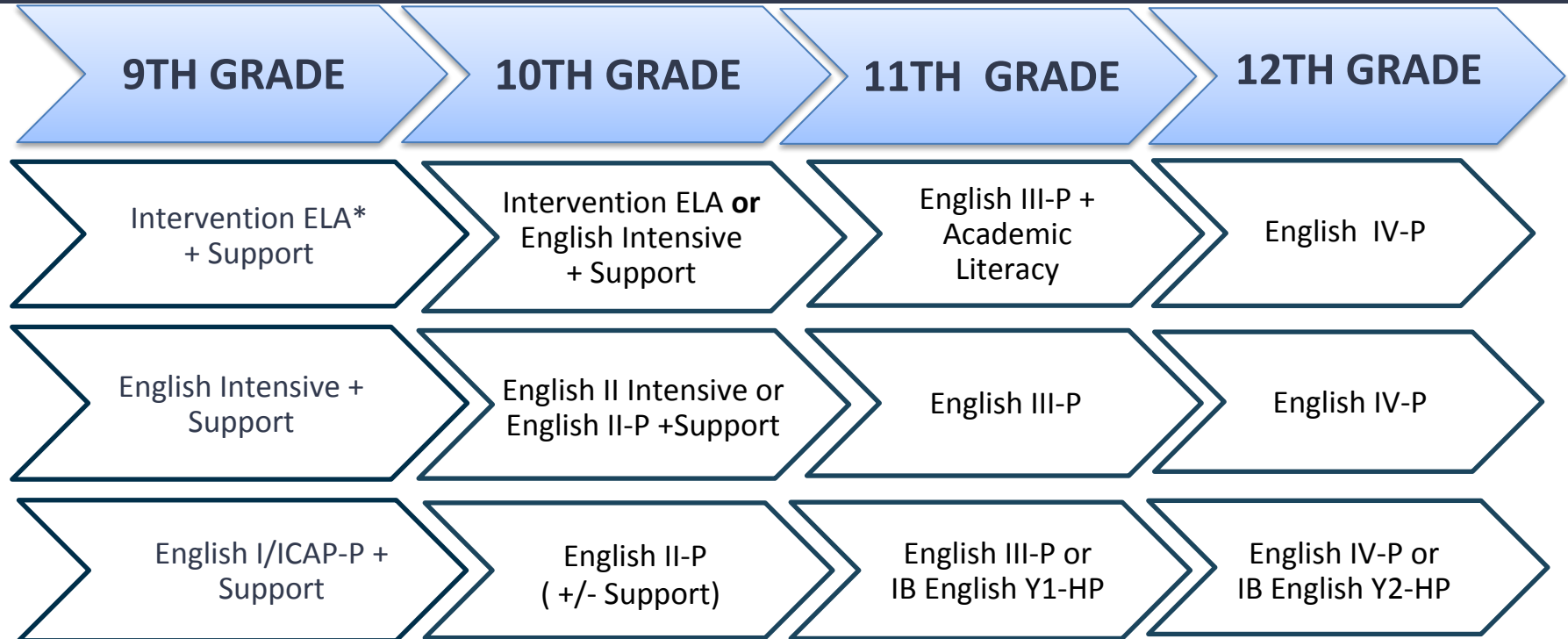
Max of 7 classes per year, with eligible elective

Sequoia HISTORY Pathway



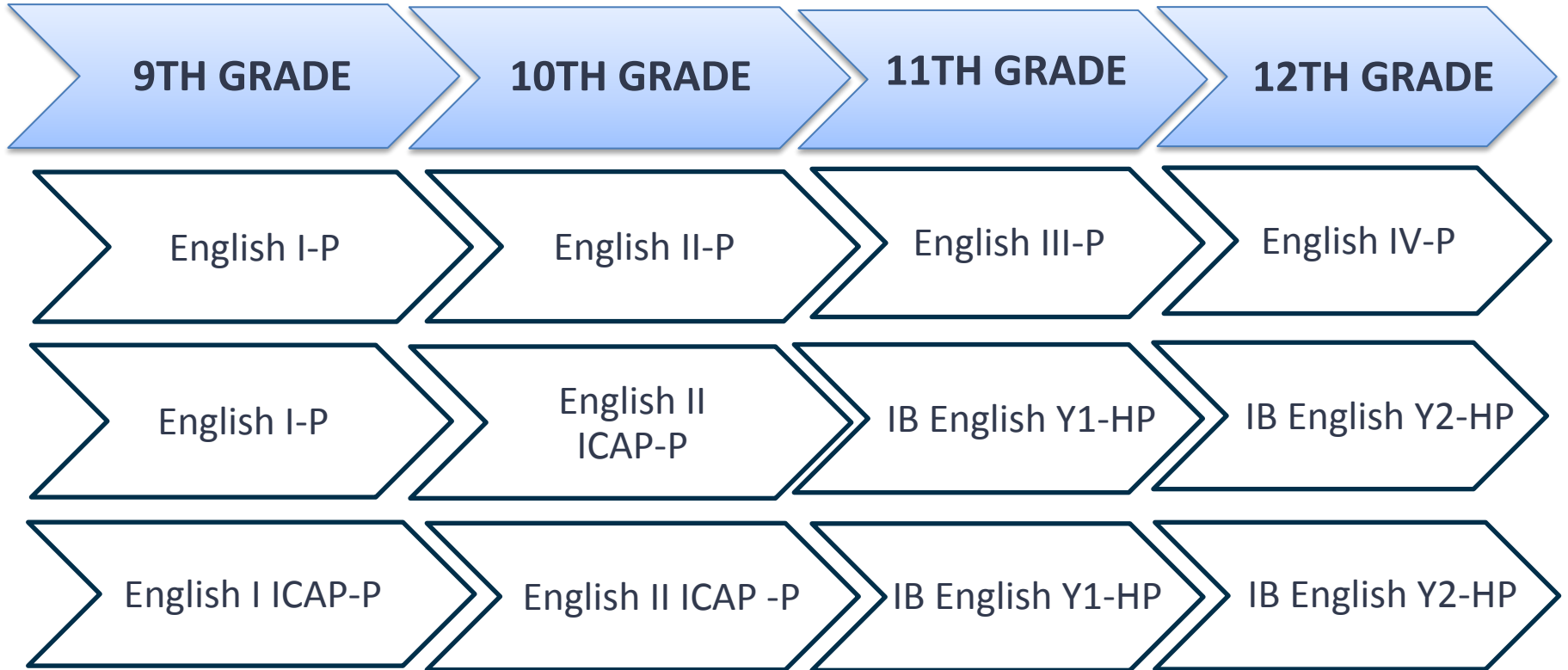
**World Studies 1-2 is waived for students that took Intervention ELA, English I Intensive, ELD I, or ELD II in 9th grade*

Sequoia ENGLISH Pathway

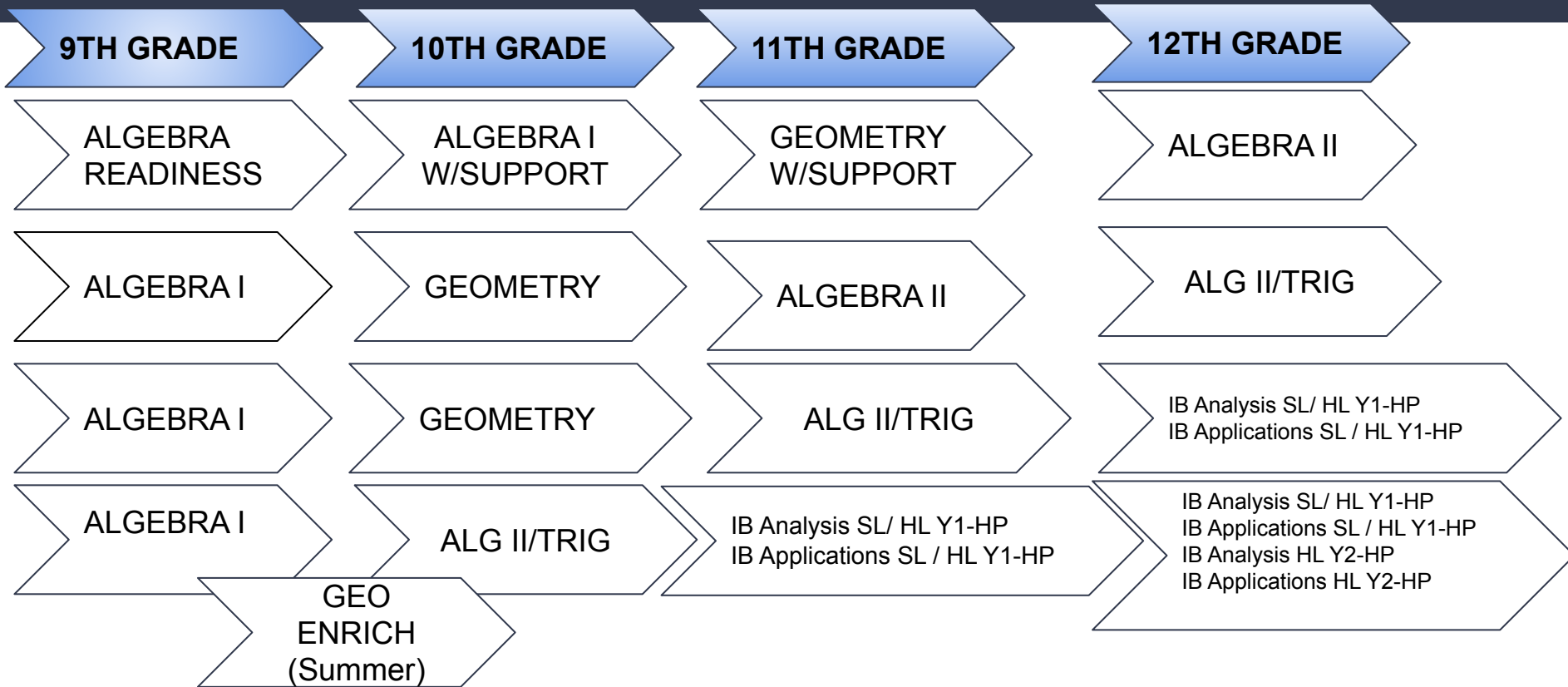


****Intervention ELA earns elective credit and NOT English Credit. Students who eventually pass a grade-level English class will earn graduation English I credit, retroactively (not A-G).***

Sequoia ENGLISH Pathway



Sequoia MATH Pathway



Sequoia MATH Pathway Continued

9TH GRADE

10TH GRADE

11TH GRADE

12TH GRADE

GEOMETRY

ALG II/TRIG

IB APPLICATIONS SL Y1
IB ANALYSIS SL Y1

IB Analysis SL/ HL Y1-HP
IB Applications SL / HL Y1-HP
IB Analysis HL Y2-HP
IB Applications HL Y2-HP

ACC. GEO/
ALG II

IB APPLICATIONS SL Y1
IB ANALYSIS SL Y1
PRECALCULUS*

IB APP SL Y1
IB ANALYSIS SL Y1
IB APP HL Y2
IB ANALYSIS HL Y2
IB MATH HL Y2*
AP STATS
AP/IB CALCULUS*

IB Analysis SL/ HL Y1-HP
IB Applications SL / HL Y1-HP
IB Analysis HL Y2-HP
IB Applications HL Y2-HP
Multivariable Calc & Diff Equation

**Not offered in 2020-2021 school year*

Sequoia SCIENCE Pathway

9TH GRADE

- Biology
- Physics

10TH GRADE

- Biology
- Physics
- Chemistry
- AS Chemistry
- Biotechnology

11TH GRADE

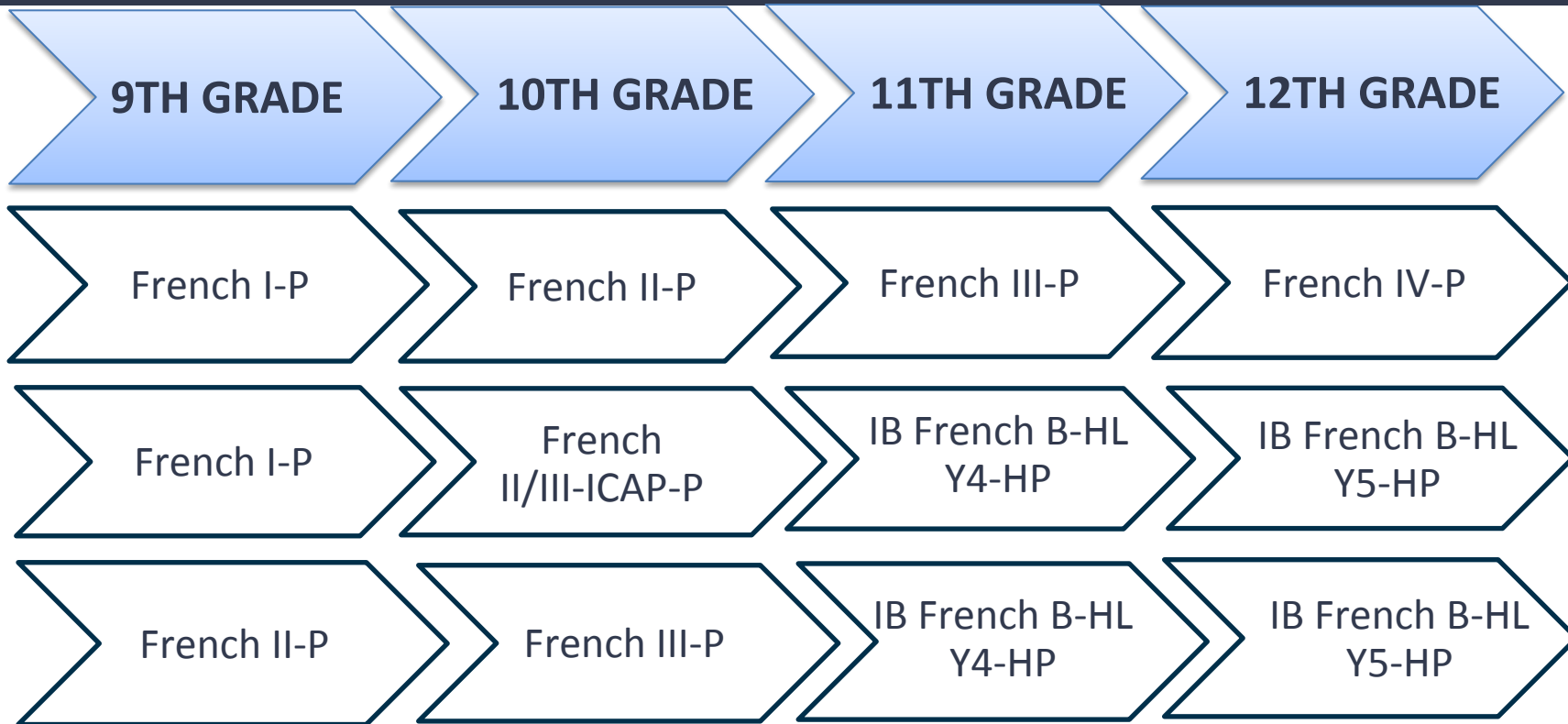
- Physics
- Chemistry
- AS Chemistry
- IB Biology Y1
- IB ESS
- Biotechnology
- Human Biology
- IB Physics (rec. in 12th grade)

12TH GRADE

- Physics
- Chemistry
- AS Chemistry
- IB Biology Y2
- IB ESS
- Biotechnology
- Human Biology
- IB Physics

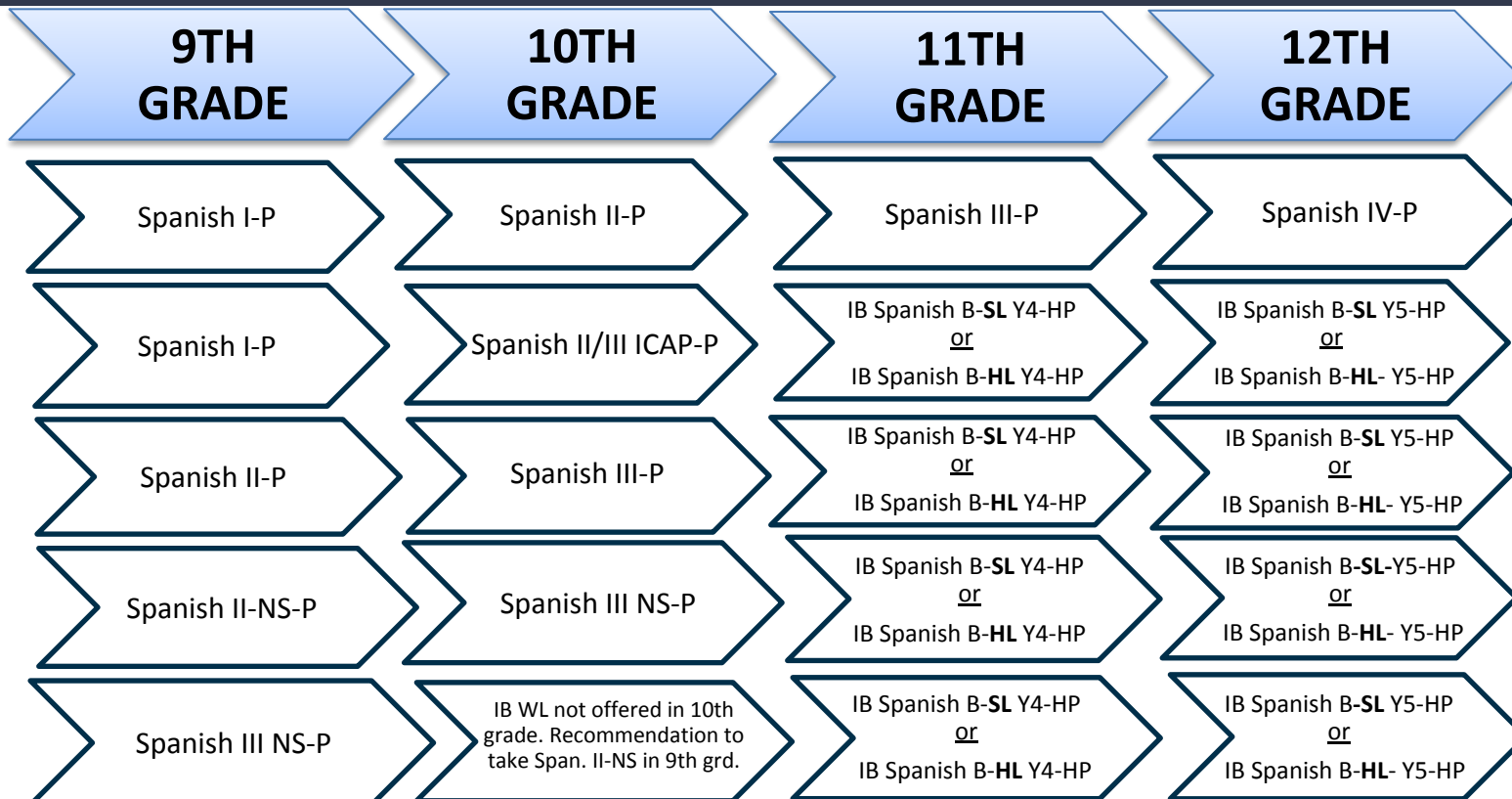
Sequoia WORLD LANGUAGE Pathway:

*Final placement based on S2 grade



Sequoia WORLD LANGUAGE Pathway:

*Final placement based on S2 grade



Sequoia Physical Education Options:

- 20 credits of P.E. required for graduation requirements.
- Students who DO NOT pass the PFT will be enrolled in P.E./Dance in 10th grade even if they plan to play sports.

Choose your P.E. for 10th grade:

- P.E.-2
- P.E. Weight Train
- P.E. Conditioning (yoga)
- P.E. Dance (beginners)
- Intermediate Dance (audition required)
- Advanced Dance (audition required)

Sequoia ELECTIVES

VISUAL & PERFORMING ARTS

10 credits required for graduation
-P & -HP= Course meets UC/CSU entrance requirements

MUSIC

Advanced Band-P (audition)**
Band II-P
(for new and current Band II students)

Choral I-P & II-P
(Other levels placed in II)

Guitar-P
Piano-P
Orchestra-P

VISUAL

Art I-P
Digital Photo I-P & II-P
Draw/Paint I-P & II-P
IB Visual Arts Y1 - HP & Y2 - HP
Ceramics I-P & II-P

PERFORMING

Inter. Dance-P (audition)**
Dance XL- P (audition)**
Stage Craft I-P

DIGITAL ARTS ACADEMY

Multimedia I-P 10th

**Students wanting to pursue these classes need to contact teacher for audition dates.

CAREER TECHNICAL EDUCATION**

10 credits required for graduation
-P & -HP= Course meets UC/CSU entrance requirements

MEDIA & ENTERTAINMENT

Journalism I-P, II-P, III-P

BUILDING, TRADES & CONSTRUCTION

CTE Wood I
CTE Wood II

HOSPITALITY, TOURISM & RECREATION

CTE Foods & Nutrition I-P
CTE Culinary Arts-P 10th-12th

EDUCATION, CHILD DEVELOPMENT, &

FAMILY SERVICES

CTE Foundations of Education-P
CTE Principles of Curriculum & Instruction-P

MEDICAL TECHNOLOGY

Biotechnology I-II -P

DIGITAL ARTS ACADEMY

CTE Multimedia II-P 11th
Digital Filmmaking-P 12th

HEALTH CAREERS ACADEMY

CTE Intro to Health Professions-P 10th
CTE Medical Clinical I-P 11th
CTE Medical Clinical II-P 12th

INFORMATION TECHNOLOGY

Java Programming
Intro to Prog Mobile Apps-P

WORLD LANGUAGE III & ABOVE

May be used in place of CTE to meet this graduation requirement area.
French ½ ICAP and Spanish ½ ICAP do not fulfill this area.

ADDITIONAL ELECTIVES

-P & -HP= Course meets UC/CSU entrance requirements

IB Psychology-HP 11th-12th

IB Business & Management-HP
11th-12th

PE-2/Weight
Train/Conditioning/Dance 10th-12th

IB TOK-HP 11th-12th
[IB Diploma]

Student Leadership 9th

Leadership ASB 10th-12th & by
teacher recommendation only

Sports Leadership-P 10th-12th

AVID I-P, II-P, III-P, IV-P
[Advancement Via Individual
Determination]

BUILD-P 9th-10th [Entrepreneurship]

Wood III 11th-12th

Work Experience 11th-12th
36 hrs. =1 credit
[10 credits per semester max & not a
scheduled class, after hours]

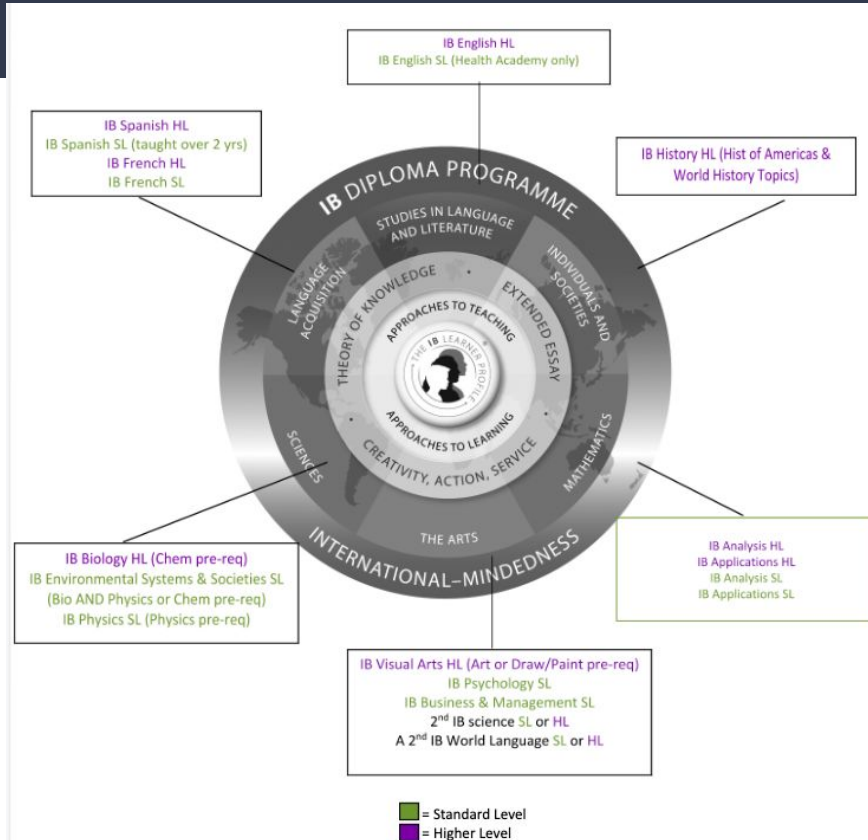
Sequoia Athletics
Each sport = 3.5 credits

**Cheerleading = 3.5 credits awarded
in the spring only**

**Sports credits may be used toward
the P.E. graduation requirement for
10th -12th grades only**

**9th grade sports remain as elective
credit**

Considering the IB Diploma?



- 3 Higher Level courses
- 3 Standard Level courses
- Theory of Knowledge (TOK)
 - Extended Essay (EE)
- Creativity, Activity, Service (CAS)- 150 hours
- IB course prerequisites

IB Courses Prerequisites

IB Course	Grade in which IB Course is taken	Prerequisite Course Required	Grade in which Prerequisite is taken
IB Visual Arts	2 year course: 11 th and 12 th grade	Art I or Draw/Paint I	9 th or 10 th
IB Physics*	1 year course: 12 th grade Recommended	Physics & Concurrently enrolled in Algebra II/Trig	9 th -11 th
IB Biology**	2 year course: 11 th and 12 th grade	Chemistry or AS Chemistry with C- or higher	10th
IB Spanish	2 year course: 11 th and 12 th grade	Spanish 2/3 ICAP, Spanish III, or Spanish III NS with C- or higher	10th
IB French	2 year course: 11 th and 12 th grade	French 2/3 ICAP or French III with C- or higher	10th
IB Math	9th-12th grade	Dependent on previous year's math level with C- or higher	8th-11th
IB Environmental Systems	1 year course: 11th or 12th	Biology AND Chemistry or Physics with C or higher	9th-11th

*IB Physics recommended for senior year - The more math knowledge the better

**IB Biology intended pathway - 9th Physics, 10th AS Chemistry or Chemistry

College preparatory pattern of science includes Biology, Chemistry & Physics

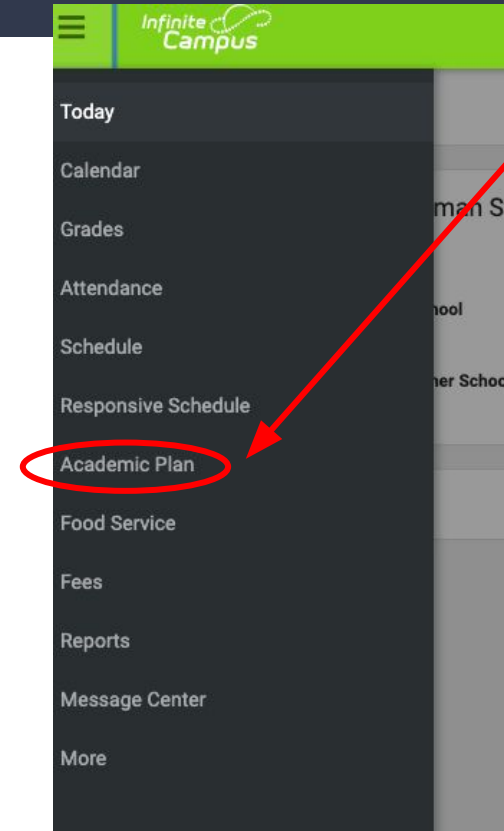
Credit Recovery

- **Summer School**- Sign up when you meet with your Counselor for 10th grade course selection: February 12th - March 6th.
 - **Session 1: June 15th-July 2nd**
 - **Session 2: July 6th-July 23rd**
 - **Mon-Fri: 8am-1:30pm at Sequoia**

- **Cyber High (online)**- Pick up an application with your Counselor today. Available during the school year & summer school.

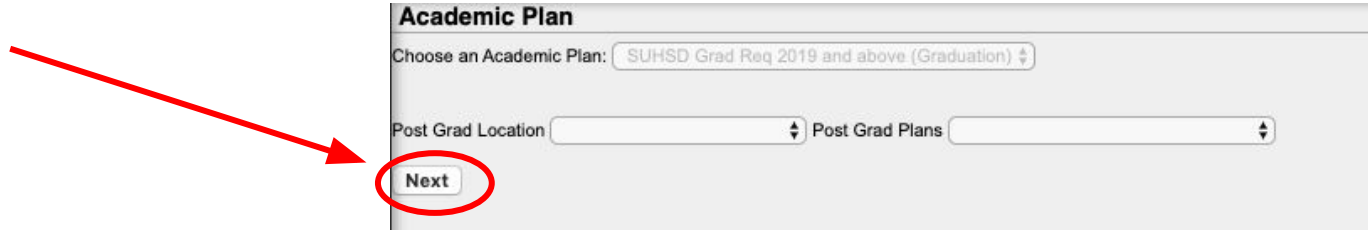
Infinite Campus (IC): Four Year Plan

- Go to: *ic.seq.org*
- Username: student ID #
Password: initials+6 digit birthday
- Click on Academic Plan



Infinite Campus (IC): Four Year Plan

- Click **NEXT** once you're on the Academic Plan



The screenshot shows a web form titled "Academic Plan". At the top, it says "Choose an Academic Plan:" followed by a dropdown menu showing "SUHSD Grad Req 2019 and above (Graduation)". Below this are two more dropdown menus: "Post Grad Location" and "Post Grad Plans". At the bottom of the form is a button labeled "Next". A red arrow points from the left towards the "Next" button, which is also circled in red.

- Remember, this is a tentative four year plan. Each year you will revise your plan with your counselor when you choose classes for the following school year.

Infinite Campus (IC): Four Year Plan

- **ADD** your classes for 10th-12th grades in your IC Academic Plan using your course selection Worksheet.
- **Click SAVE**

The screenshot displays the 'Academic Plan' interface for a student. At the top, there are tabs for 'Academic Plan', 'Course Plan Report', and 'Progress Report'. The 'Academic Plan' tab is active, and the 'Save' button is circled in red. Below the tabs, the program is identified as 'SUHSD Grad Req 2019 and above (Graduation)' and the counselor as 'Perez, Melissa mperez@seo.org'. The interface shows progress for grades 09, 10, 11, and 12. Grade 10 progress is 0.0 / 70.0, Grade 11 is 0.0 / 40.0, and Grade 12 is 0.0 / 40.0. A dropdown menu for grade 10 is open, showing a search for 'spanish' and a list of courses, with '076183 Spanish I/II-ICAP-P - 5.0' selected. Below the grade progress, there are sections for 'English (10.0 / 40.0)', 'Visual and Performing Arts (Fine Arts) (10.0 / 10.0)', and 'Math (10.0 / 20.0)'. Each section shows a list of courses and search boxes. Alerts indicate that not enough credits were selected in Electives, English, and Visual and Performing Arts to meet minimum plan requirements.

Questions & Answers



Web Tools

- Naviance: <https://student.naviance.com/sequoia>
- PPH Link: <http://www.sequoiahs.org/RESOURCES/Program-Planning-Handbook/index.html>
- Infinite Campus (IC): <https://ic.seq.org/campus/sequoia.jsp>
- CANVAS: <https://sequoia.instructure.com/login/ldap>
- Big Future - College Board: <https://bigfuture.collegeboard.org/>
- California Career Zone: <https://www.cacareerzone.org/>
- O*Net Online: <https://www.onetonline.org/>
- Sequoia H.S. College & Career Center:
<http://www.sequoiahs.org/DEPARTMENT/College--Career-Center/index.html>
- Sequoia H.S. Counseling Office: <http://www.sequoiahs.org/DEPARTMENT/Guidance/index.html>
- Sequoia H.S. IB Office: <http://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html>